

Wollo University
Institute of Teachers' Education and Behavioral Sciences
Department of Psychology
Basics of Guidance and Counseling Individual Assignment for Third Year Special
Needs and Inclusive Education Students

In this assignment the students are asked to summarize the major theories of counseling and assess the applicability of those theories in the Ethiopian context.

- Psychodynamic theory
- Behavioral theory
- Cognitive theory
- Humanistic theory

When you summarize each theory, you will include but not limited to the following points:

- ✓ Introduction
- ✓ Basic assumptions
- ✓ key concepts
- ✓ Therapy goals
- ✓ The Therapist role and function
- ✓ Therapeutic Techniques
- ✓ Application to Ethiopian context

Important Information:

- Please read different books related to the assignment. But, copying from books is strictly forbidden.
- **Assignment value: 30% (paper = 20%, presentation = 10%)**
- **Submission Deadline:** The assignment should be completed before you come back to your university. Thus, you must finalize this assignment at your home and submit to your instructor immediately after you come back to your campus